



**AA  
Spine  
Center**

**Ahmed Amayem, MD, FIPP**  
*Board Certified Anesthesiologist  
Diplomate American Academy of Pain Medicine  
Master Degree of Physical Medicine and Rehabilitation*

1145 S.W. 74th, Building I, Suite 100  
Oklahoma City, OK 73139  
Phone: (405) 632-1783  
Fax: (405) 631-0508  
www.aaspinecenter.com

**PATIENT INFORMATION**

Legal  
Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ MALE or FEMALE

SS#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Employer: \_\_\_\_\_ Address: \_\_\_\_\_

**PERSON RESPONSIBLE FOR BILL: (If minor parent or guardian information)**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ SS#: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_ Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Employer: \_\_\_\_\_ Address: \_\_\_\_\_

**INSURANCE INFORMATION:**

Name of Insured: \_\_\_\_\_ SS#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_ Employer: \_\_\_\_\_

Name of Ins. Company: \_\_\_\_\_ Address: \_\_\_\_\_

Group #: \_\_\_\_\_ Policy ID#: \_\_\_\_\_

**PLEASE GIVE INSURANCE CARD(S) TO RECEPTIONIST FOR COPYING**

Authorization: My signature indicates that I have read above and grant authorization of treatment and am responsible for payment of fees.

I also authorize the release of any medical information requested by my insurance carrier and authorize payment of medical benefits to the physician.

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PATIENT OR LEGAL GUARDIANS SIGNATURE



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### HEALTH HISTORY

Date: \_\_\_\_\_

Referring physician: \_\_\_\_\_

Name: \_\_\_\_\_

Age: \_\_\_\_\_

**Chief complaint:** \_\_\_\_\_

Describe your pain: sharp, dull, burning, shooting.

Site: \_\_\_\_\_ Referral pattern: (legs,arms) \_\_\_\_\_

When did your pain start? \_\_\_\_\_

Rate your pain on 0-10 scale in an average day \_\_\_\_\_, and in a bad day: \_\_\_\_\_

What makes your pain worse: \_\_\_\_\_

What makes your pain better: \_\_\_\_\_

#### Previous treatment:

Surgery: \_\_\_\_\_

Medical: \_\_\_\_\_

Any nerve block, epidural block: (yes, no) \_\_\_\_\_

P.T., other treatment: \_\_\_\_\_

#### Medical conditions. Check conditions you have or have had in the past:

- |                    |                  |                     |                      |
|--------------------|------------------|---------------------|----------------------|
| *AIDS              | *Epilepsy        | *Kidney Stones      | *Stroke              |
| *Alcoholism        | *glaucoma        | *Kidney infection   | *Ulcers              |
| *Anemia            | *Goiter          | *Kidney failure     | *venereal disease    |
| *Arthritis         | *Gonorrhea       | *Liver hepatitis    | *Veins, varicose     |
| *Asthma            | *Gout            | *Liver cirrhosis    | *veins, Clots        |
| *bleeding disorder | *Heart disease   | *liver gall bladder | *weight gain, recent |
| *Breast lump       | *Hepatitis       | *Migraine headache  | *weight loss, recent |
| *bronchitis        | *hernia          | *Multiple sclerosis | *Others:             |
| *cancer            | *Herpes          | *Pacemaker          |                      |
| *Cataract          | *Hypertension    | *Pneumonia          |                      |
| *Diabetes          | *Hemiplegia      | *Prostate problem   |                      |
| *Drug addiction    | *Hyperthyroidism | *Psychiatric care   |                      |
| *Emphysema         | *Hyperthyroidism | *Sleep problems     |                      |

**Past surgical history:** \_\_\_\_\_

Recent hospitalization: \_\_\_\_\_

#### Social history:

Do you smoke (Y,N) How much \_\_\_\_\_

Alcohol drinking more than 1 drink/day: \_\_\_\_\_

History of alcohol or drug abuse (Y,N) \_\_\_\_\_

Marital status: \_\_\_\_\_ number of hose hold: \_\_\_\_\_



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**Allergies:** \_\_\_\_\_

**Medication:** \_\_\_\_\_

Mention any blood thinner: \_\_\_\_\_

**Family history:**

Father Illnesses: \_\_\_\_\_

Mother Illnesses: \_\_\_\_\_

Siblings illnesses: \_\_\_\_\_

Review of systems: Check symptoms you currently have

**\*GENERAL\***

Chills  
Depression  
Difficulty sleeping  
Dizziness  
Fainting  
Fever  
Headache  
Nervousness

**\*Pain, Weakness\***

Arms  
Hands  
Legs  
Feet  
Neck  
Back

**\*Upper extremities\***

Numbness  
Tingling  
Joint pain  
Joint swelling  
Joint stiffness

**\*Lower extremities\***

Numbness  
Tingling  
Joint pain  
Joint stiffness  
Joint swelling

**\*Gastrointestinal\***

Bloating  
Bowel change  
Constipation  
Diarrhea  
Hemorrhoids  
Indigestion  
Nausea  
Vomiting

**\*Cardiovascular\***

Chest pain  
Hypertension  
Irregular heart beat  
Poor circulation  
Rapid heart beat  
Swelling of ankles

**\*Skin\***

Bruise easily  
Hives  
Change in moles  
Itching  
Rash  
Sores won't heal  
**\*Eye\*Ear\*Nose\***  
Bleeding gums  
Blurred vision  
Difficulty swallowing  
Double vision  
Ear discharge, pain  
Hoarseness  
Loss of hearing  
Nosebleeds  
Ringing in ears  
Sinus problem  
Vision, flashes  
Vision, problems

**\*Men only\***

Erection difficulty  
Sore, lumps testicles

**\*Women only\***

Breast lump  
Abnormal bleeding  
Menstrual pain  
Vaginal discharge

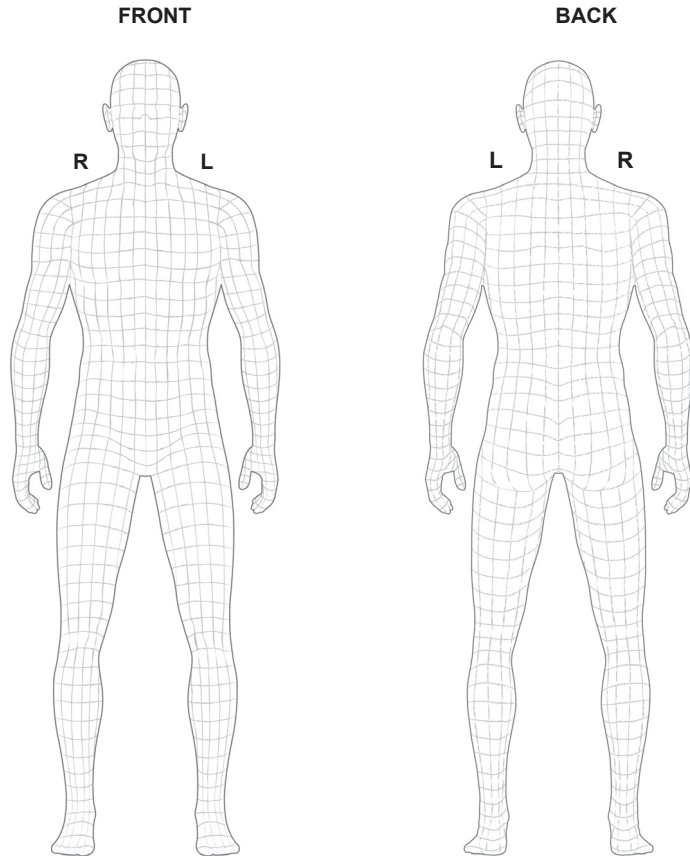
**\*Other problems\***



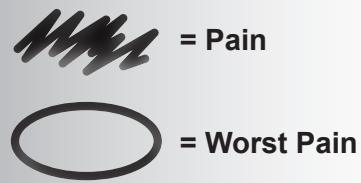
Name: \_\_\_\_\_ Date: \_\_\_\_\_

Rate the pain levels you experience as you perform the activities listed (on a scale of 1 to 10, with 10 being the worst possible pain).

- \_\_\_\_\_ Sitting
- \_\_\_\_\_ Standing
- \_\_\_\_\_ Walking
- \_\_\_\_\_ Sleeping



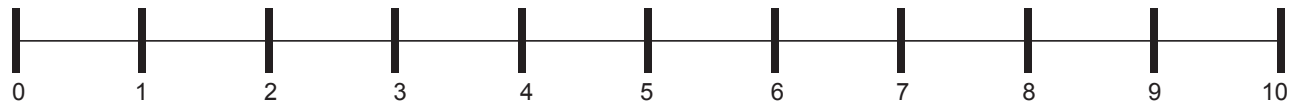
Shade in the area(s) where you feel pain. Circle the area(s) of worst pain.



On a scale of 1 to 10, please indicate with an "X" the level of pain you are experiencing right now:

(Least Intense)

(Most Intense)



Please indicate the frequency at which you experience this level of pain:

- Rarely      Once a month      Once a week      Once a day      More than once a day      Constant pain

Comments: \_\_\_\_\_



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## **OFFICE POLICIES**

1. Co-pays and office visit charges are due in full before you see the doctor. If you are unable to pay your co-pay we will reschedule your appointment. The only exception will be if you have spoken with the office manager prior to your appointment and made arrangements for payment. We accept cash, personal checks, Visa and MasterCard. If you should have a check returned from your bank for any reason, there will be a \$25 charge in addition to the amount of the check which must be paid in cash or with a money order prior to your next visit. We will file claims with your insurance company for office visits and procedures, however, if your insurance does not pay within 90 days, you will be responsible for the bill. If it becomes necessary to send your account to an outside collection agency, there fees will be added to your balance.
2. If you need to cancel or reschedule your office visit, please call 24 hours in advance. If you fail to cancel and do not keep your appointment you will be charged \$25. This will be due from you at your next visit and cannot be billed to your insurance. If your appointment is for a procedure either at a hospital or here in the office, you must give 48 hours notice or there will be a \$50 charge.
3. Please limit phone calls to the office to 1 call and 1 message. If you are waiting to be scheduled for a procedure, we will call you as soon as we have the authorization from your insurance company. As you can see, we are very busy but your call is very important to us. Unless it is an emergency, please allow 24 hours for a return call. Return calls are a priority with our staff.
4. If you have a form to be filled out for FMLA or disability there will be a \$25 charge for a single page and \$50 for multiple pages. Please do not expect these forms to be filled out during your visit. Allow at least 3 days for the staff and Dr. Amayem to complete your forms properly.
5. If you require a copy of your medical records, you will be required to sign a release and allow two weeks for copying. There is a charge of \$1.00 for the first page and \$0.50 for each additional page. We will not fax records to anyone other than another physician who requests them with a signed release.
6. Your children are welcome in the office but must remain seated and quiet at all times. If they are disruptive or destructive you will be asked to reschedule your appointment for a time when you will not have to bring them with you.
7. We do not treat people for injuries from motor vehicle accidents. We will only treat patients with Workers' Compensation injuries with prior authorization from the insurance carrier. You must also provide us with the correct billing information at your first appointment. If you do not give us correct information and your claims are denied, you will be responsible for the entire bill.



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Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

I give Dr. Amayem and his staff permission to speak with the following people regarding my condition, medications, treatment, possible procedures and billing.

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date



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## HIPAA Notice of Privacy Practices

**THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.**

This Notice of Privacy Practices describes how we may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health or condition and related health care services.

### **1. Uses and Disclosures of Protected Health Information**

#### Uses and Disclosures of Protected Health Information

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operation of the physician's practice, and any other use required by law.

**Treatment:** We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of your health care with a third party. For example, we would disclose your protected health information, as necessary, to a home health agency that provides care to you. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has necessary information to diagnose or treat you.

**Payment:** Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to this health plan to obtain approval for the hospital admission.

**Healthcare Operations:** We may use or disclose, as-needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to quality assessment activities, employee review activities, training of medical students, licensing, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment.

We may use or disclose your protected health information in the following situations without your authorization. These situations include: as Required By Law, Public Health issues as require by law, Communicable Diseases: Health Oversight: Abuse or Neglect: Food and Drug Administration requirements: Legal Proceedings: Law Enforcement: Coroners, Funeral Directors, and Organ Donation: Research: Criminal Activity: Military Activity and National Security: Workers' Compensation: Inmates: Required Uses and Disclosures: Under the law, we must make disclosures to you and when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements of Section 164.500.

Other Permitted and Required Uses and Disclosures Will Be Made Only With Your Consent, Authorization or Opportunity to Object unless required by law.

You may revoke this authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.



## **AA Spine Center Informed Consent**

### **YOUR SAFETY RISKS WHILE WORKING UNDER THE INFLUENCE OF OPIOIDS:**

You should be aware of potential side effects of opioids such as decreased reaction time, clouded judgment, drowsiness and tolerance. Also, you should know about the possible danger associated with the use of opioids while operating heavy equipment or driving.

### **POSSIBLE SIDE EFFECTS OF OPIOIDS:**

- Confusion or other change in thinking abilities
- Nausea/Vomiting
- Constipation
- Problems with coordination or balance that may make it unsafe to operate dangerous equipment or motor vehicles
- Breathing too slowly – overdose can stop your breathing and lead to death
- Aggravation of depression
- Sleepiness or drowsiness
- Dry mouth

### **THESE SIDE EFFECTS MAY BE MADE WORSE IF YOU MIX OPIOIDS WITH OTHER DRUGS< INCLUDING ALCOHOL.**

#### **RISKS:**

- Physical dependence. This means that abrupt stopping of the drug may lead to withdrawal symptoms characterized by one or more of the following:
  - Runny nose*
  - Diarrhea*
  - Sweating*
  - Rapid heart rate*
  - Difficulty sleeping for several days*
  - Abdominal cramping*
  - 'Goose bumps'*
  - Nervousness*
- Psychological dependence. This means it is possible that stopping the drug will cause you to miss or crave it.
- Tolerance. This means you may need more drugs to get the same effect.
- Addiction. A small percentage of patients may develop addiction problems based on genetic or other factors
- Problems with pregnancy. If you are pregnant or contemplating pregnancy, discuss with your physician.

### **RECOMMENDATIONS TO MANAGE YOUR MEDICATIONS:**

- Keep a diary of the pain medications you are taking, the medication dose, time of day you are taking them, their effectiveness and any side effects you may be having.
- Use of a medication box that you can purchase at your pharmacy that is already divided in to the days of the week
- Take along only the amount of medicine you need when leaving home so there is less risk of losing all your medications at the same time.

---

Patient Signature

Date





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**PAIN MANAGEMENT AGREEMENT**

The purpose of this agreement is to prevent misunderstandings about certain medicines you will be taking for pain management. This is to help both you and your doctor to comply with the law regarding controlled pharmaceuticals.

I understand that this Agreement is essential to the trust and confidence necessary in a doctor/patient relationship and that my doctor undertakes to treat me based on the Agreement. I understand that if I break this Agreement, my doctor will stop prescribing these pain control medicines. In this case, the doctor will taper off the medicine over a period of several days, as recommended. I will communicate fully with my doctor about the character and intensity of my pain, the effect of the pain on my daily life, and how well the medicine is helping to relieve the pain. In addition:

- I will not use any illegal controlled substances.
- I will not share, sell or trade my medication with anyone.
- I will not attempt to obtain any controlled medicines, including opioid pain medicines, controlled stimulants or anxiety medication from another doctor.
- I will safeguard my medicine from loss or theft. Lost or stolen medicines will not be replaced.
- I agree that refills of my prescriptions for pain medicine will be made only at the time of an office visit. No refills will be called in.
- I agree to use \_\_\_\_\_ Pharmacy located at \_\_\_\_\_  
\_\_\_\_\_ Phone number \_\_\_\_\_  
for filling prescriptions of all of my pain medicine.
- I authorize the doctor and my pharmacy to cooperate fully with any city, state or federal law enforcement agency, including Oklahoma’s Board of Pharmacy, in the investigation of any possible misuse, sale or other diversion of my pain medicine. I authorize my doctor to provide a copy of this Agreement to my pharmacy. I agree to waive all applicable privileges or right of privacy or confidentiality with respect of these authorizations.  
I agree that I will submit to a blood or urine test if requested by my doctor to determine my compliance with my program of pain medicine.
- I agree that I will use my medicine at a rate no greater than the prescribed rate and that use of medicine at a greater rate will be reported immediately to my doctor.
- I will bring all unused medication to every office visit.

I agree to follow these guidelines that have been fully explained to me. All of my questions and concerns regarding treatment have been adequately answered. A copy of this document has been given to me.

This agreement is entered into this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Witnessed by:



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## Office Procedure Instructions

Name: \_\_\_\_\_

You're having a \_\_\_\_\_ done in Dr. Amayem's office.

Arrive on: \_\_\_\_\_ @ \_\_\_\_\_ AM/PM

Nothing to eat or drink after \_\_\_\_\_ AM/PM

Follow up with the Doctor on \_\_\_\_\_ @ \_\_\_\_\_ AM/PM

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## Office Preoperative Instructions

1. You will need to bring a driver with you. **NO SOONERIDE, TAXI, OR BUS!** Unless you have a trusted friend/family member to ride with you.
2. You need to bring or wear pants with an elastic band if possible. If you're having a Radiofrequency, please bring or wear shorts with an elastic band.
3. You ***MUST*** stop any **BLOOD THINNER** such as Coumadin, Plavix, Aspirin, or other ***FIVE*** days prior to your procedure.
4. Take your regular medications in the morning with a small amount of water. For Insulin Dependant Diabetics, take half your insulin dose in the morning before your procedure. Be sure to take your heart or blood pressure medicine if you have it.
6. If you have a temperature above 100 degrees F or an upper respiratory infection, please call the office to reschedule your procedure.
7. If you need to cancel or reschedule, you ***MUST*** give us a 48 ***business hour*** notice or there will be a \$50.00 charge. This is **NOT** paid by your insurance.

If you have any other questions, please call our office prior to your procedure  
Office phone is 632-1783